

2022
AMERICAN BOARD OF COSMETIC
SURGERY BOARD REVIEW

TIPS ON PASSING THE ORAL EXAM

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ANATOMY OF THE ORAL EXAM

- TWO EXAMINERS/EXAM ROOM
 - ONE GIVES THE SCENARIO
 - ONE RECORDS THE EVENTS
- TWO SCENARIOS
- NO EXTRAS ALLOWED-NOTE PAD AND PEN PROVIDED FOR YOU
- YOU WILL NOT GET FEEDBACK ON PERFORMANCE
- NOT ALLOWED TO DISCUSS THE EXAM
- LOOKING FOR PATIENT SAFETY
- BE SAFE IN RECOMMENDED THERAPY

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ANATOMY OF THE SCENARIO

- PRESENTATION
 - TAKE NOTES
 - LOOK AT NOTES
- TAKE A HISTORY
 - RECOMMEND TREAT EXAMINER LIKE THE PATIENT
 - CHIEF COMPLAINT
 - ALLERGIES
 - REVIEW OF SYSTEMS
 - ASK FOR THE PHOTOS

THERE ARE ALWAYS PHOTOS

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ANATOMY OF THE SCENARIO

- **DEVELOP A PLAN SYSTEMATICALLY**
 - LOOK FOR DANGERS AND LIFE THREATENING CONDITIONS FIRST. IT WILL BE IN THE HISTORY
 - ADDRESS THE CHIEF COMPLAINT
 - TREATMENT PLAN SHOULD BE COMPREHENSIVE
- **ORGANIZE YOUR THOUGHTS**
 - TAKE 20 SECS TO JOT DOWN KEY ITEMS
 - PRESENT THEM IN ORDER OF IMPORTANCE
 1. CRITICAL HEALTH INTERVENTIONS
 2. SURGICAL PLAN
 3. POSTOP CARE

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LOOK FOR DANGERS AND PITFALLS

- KOCHER GB INCISION = ABDOMINOPLASTY SLOUGH
- LOWER LID LAXITY = ECTROPION
- KNOW YOUR ACLS – THERE WILL BE A MEGACODE
- DO NOT LET THE PATIENT PUSH YOU TO DO SOMETHING WRONG, EVER

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DEVELOP YOUR PROTOCOL

ANSWER EVERY QUESTION IN THE SAME WAY EVERY TIME

- PRESENTATION – TAKE NOTES
- TREAT EXAMINER LIKE THE PATIENT WHEN GATHERING DATA
 - SAVES TIME
- ASK FOR THE PHOTOS
- LOOK FOR CRITICAL SAFETY INTERVENTIONS

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