



AMERICAN ACADEMY
OF COSMETIC SURGERY

**AACS
Training Institute:
Injectables Workshop**

May 15-16, 2021

Oakbrook Terrace, IL

**EVALUATION
SUMMARY**

Introduction

Report Date: May 20, 2021

Survey Stats:

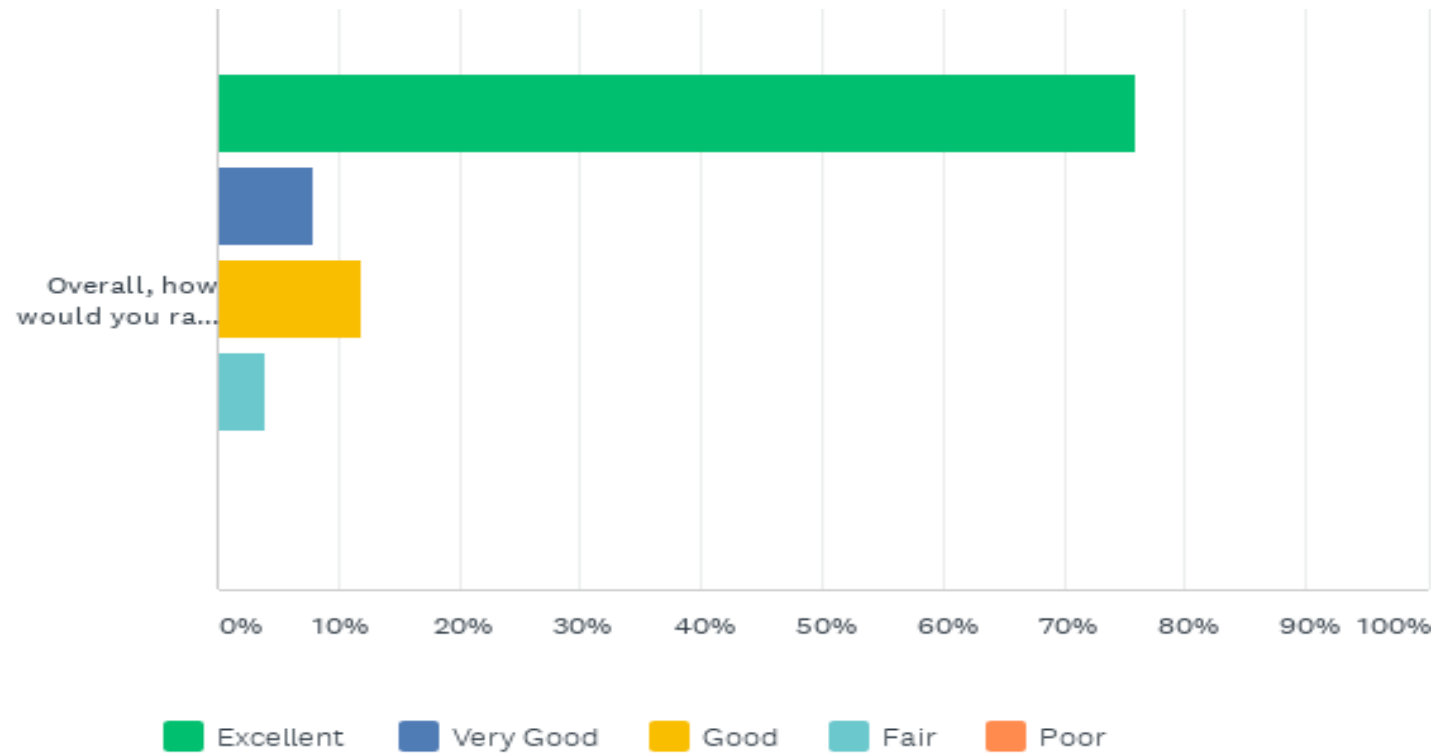
- 21 attendees + 8 faculty = 29 total
- 25 evaluations returned
- Response rate: 86%
- Based on returns, results accurate within $\pm 7\%$ at the 95% confidence level

Methods: Each attendee and faculty had a CME claim form stapled to their evaluation form in their packet. They were asked to complete and return the stapled forms at the conclusion of the workshop on Sunday/May 16, 2021, in order to receive their certificate of attendance.

Audience:

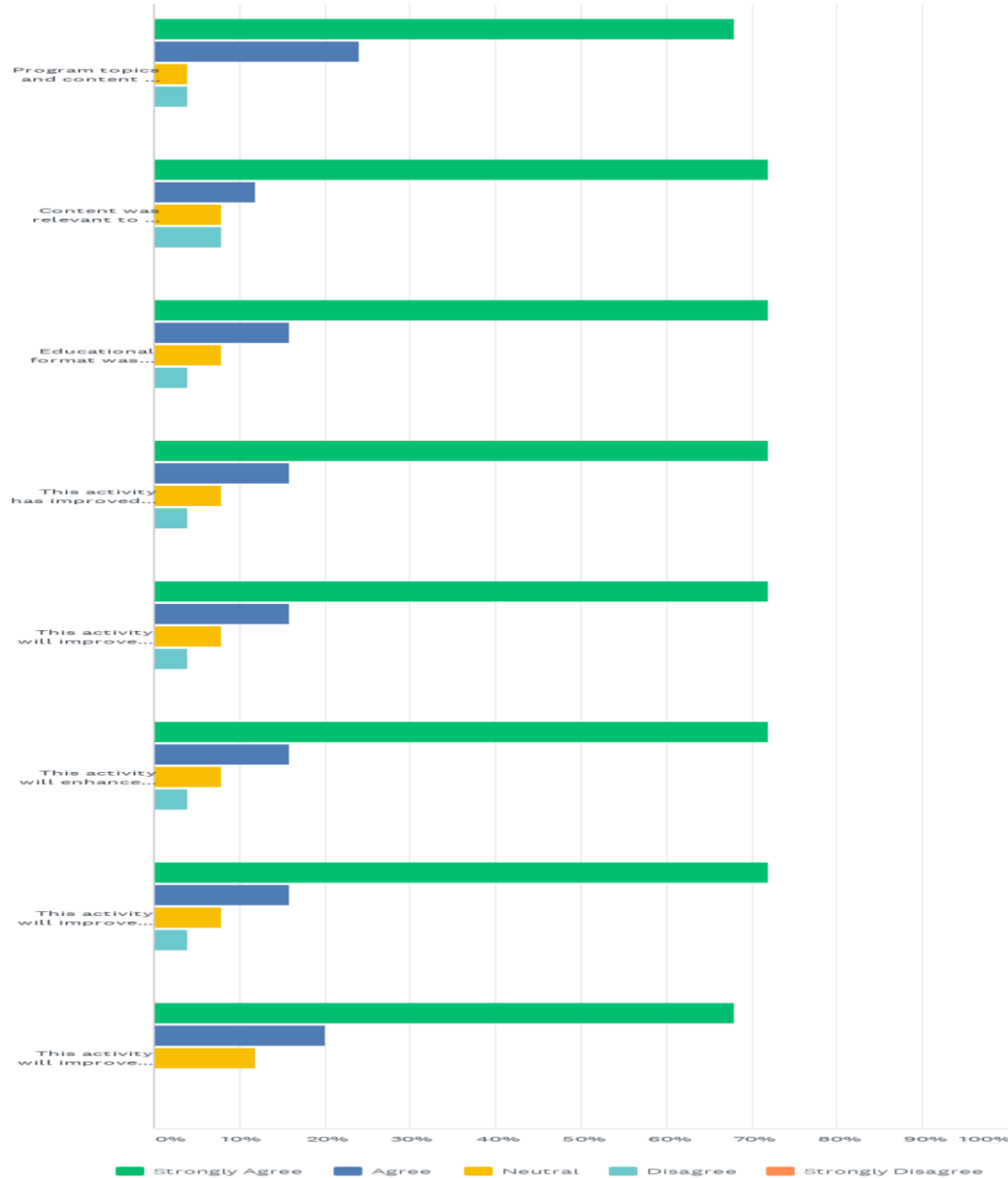
- 25 Physicians, 10 of which were residents or training fellows
- 4 Allied health
- 100% were from the U.S. [11=IL; 5=OH; 3=IN; 2=MA; 2=MS; 1=CO; 1=MI; 1=NC; 1=NV; 1=VA; 1=WI]

Overall, how would you rate this educational activity?



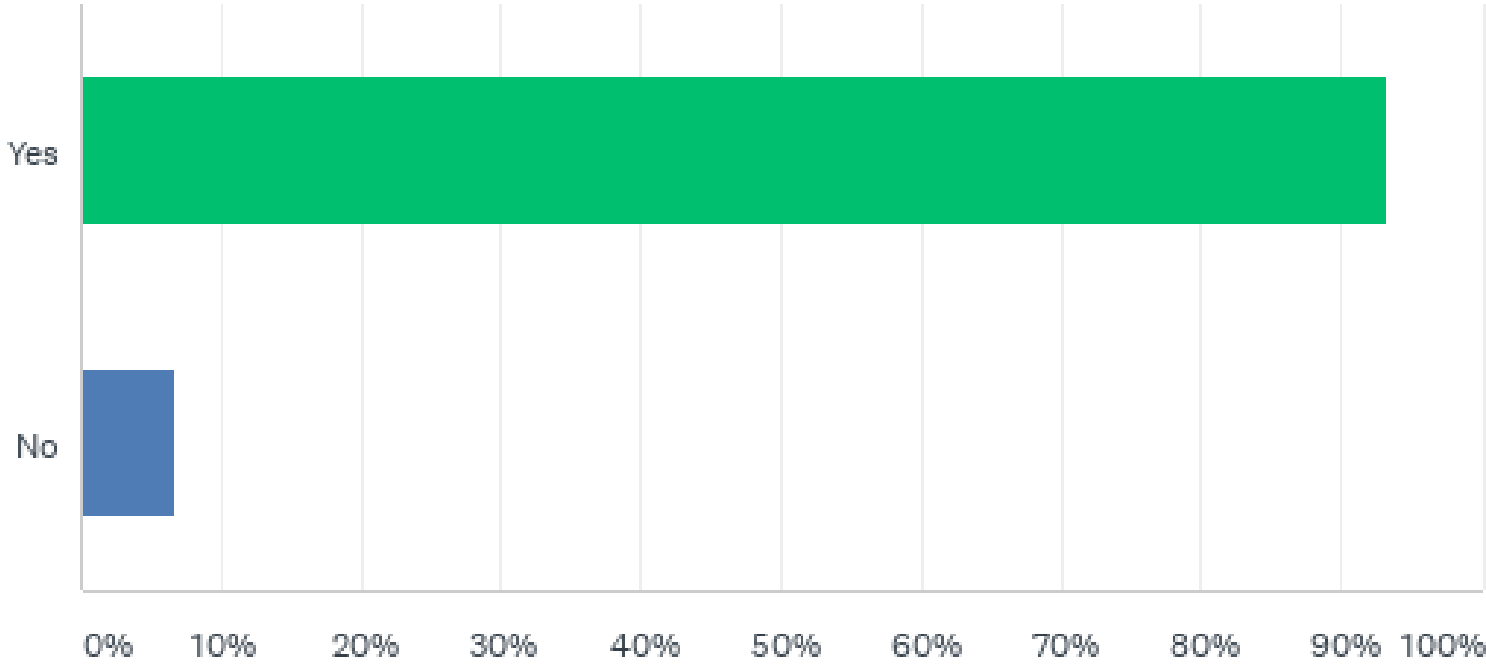
	EXCELLENT	VERY GOOD	GOOD	FAIR	POOR	TOTAL	WEIGHTED AVERAGE
Overall, how would you rate this educational activity?	76.00% 19	8.00% 2	12.00% 3	4.00% 1	0.00% 0	25	4.56

Please indicate the extent to which you agree with the following statements.



	STRONGLY AGREE	AGREE	NEUTRAL	DISAGREE	STRONGLY DISAGREE	TOTAL	WEIGHTED AVERAGE
Program topics and content met the stated objectives.	68.00% 17	24.00% 6	4.00% 1	4.00% 1	0.00% 0	25	4.56
Content was relevant to my educational needs.	72.00% 18	12.00% 3	8.00% 2	8.00% 2	0.00% 0	25	4.48
Educational format was conducive to learning.	72.00% 18	16.00% 4	8.00% 2	4.00% 1	0.00% 0	25	4.56
This activity has improved my competence.	72.00% 18	16.00% 4	8.00% 2	4.00% 1	0.00% 0	25	4.56
This activity will improve my performance.	72.00% 18	16.00% 4	8.00% 2	4.00% 1	0.00% 0	25	4.56
This activity will enhance my communication skills.	72.00% 18	16.00% 4	8.00% 2	4.00% 1	0.00% 0	25	4.56
This activity will improve patient outcomes.	72.00% 18	16.00% 4	8.00% 2	4.00% 1	0.00% 0	25	4.56
This activity will improve processes of care and/or healthcare system performance.	68.00% 17	20.00% 5	12.00% 3	0.00% 0	0.00% 0	25	4.56

Program was free of commercial bias.



ANSWER CHOICES	RESPONSES	
Yes	93.33%	14
No	6.67%	1
TOTAL		15

How could this educational activity be enhanced?

1. Have it in Hawaii
2. More demos of injection areas.
3. Could not observe undereye or tear trough."
4. Would be helpful to have a nurse injector with a lot of experience in an injection room. The faculty were amazing but don't seem to be well versed on newer fillers or injection techniques. I would like to learn when to use different types of filler, G prime, male vs female, advanced techniques, complications and how to manage them.
5. Discuss focused topics and advanced techniques.
6. Not a useful course.
7. Poor speakers and poor techniques.
8. More hands-on experience with fillers.
9. Excellent course.
10. "Information on the protocol for adverse events
11. Hands-on experience with cannulas vs. needles
12. More instruction on prep of Scultra, Radiesse, etc.
13. More focus on tear trough technique and demonstration
14. More discussion of newer techniques (jawline, lip flip, chin, transgender)
15. Information on what to tell patients pre-injection and post-injection (current recommendations)
16. Add lectures including the explanation of different fillers (why choose one for a certain area)
17. More focus on techniques (depth of injections at different areas)
18. Difference between male vs. female injections (cheeks, lips, etc.)
19. Ability to choose what patient injections to be a part of (ex: my group did mostly lips which I am familiar with, but I wanted to learn tear trough/jawline)
20. Excellent job!
21. Better hotel."
22. More hands-on instruction for new injectors.
23. Instructors were hands-off on the green team
24. More focus on the basics for new injectors.
25. More focus on the basics for facial assessment.
26. Add the capacity for video streaming
27. Keep it up!
28. Could not be better than that.
29. Include a discussion on the choice of filler types per site/situation.
30. Discussion to treat "filler emergencies"
31. Overall fantastic course. Can perhaps broaden areas of Botox/filler application.
32. Having live patient demonstrations in front of the entire group. This way everyone gets to see the teachings of each faculty member. Then we can break into small groups.

List a minimum of two things you are going to change as a result of what you have learned.

1. Begin basic injectable treatments for neurotoxins
2. Start basic lip filler injections
3. New techniques
4. Better understanding of anatomy
5. "Use more Radiasse.
6. Watch vascularity more.
7. Maybe incorporate more Belafil
8. Will treat globally and plan globally with patients.
9. Will infusion pump to body fillers.
10. Will consider diluting some fillers and will "mix" the fillers before use.
11. Body lift with fillers
12. Bellafill butt lift
13. Ear lobe filler techniques
14. Hand injections
15. Order cadaver head for the fellows
16. Sodium hydrosulfite 2% for dissolving HVA
17. Hand injections
18. Soft tissue volumization instead of surgery.
19. Consider adding ultrasound for (illegible) finding and (illegible).
20. Using (illegible) in some areas of injection.
21. Use of ultrasound to visualize (illegible) in the face.
22. Use of cannulas for fillers.
23. Introduce neurotoxins and fillers to my practice
24. Use procedures learning in this learning
25. I will be incorporating simulators to my practice.
26. Be more comfortable with setting patient expectations during cosmetic consults.
27. Document asymmetries prior to injection.
28. Application of filler in the ear lobes.
29. I will use cannula more often after the session with Dr. Rostami.
30. Cannula use for cheek and under-eye injections. U/S guidance for anatomy.
31. Ultrasound for filler. Cannula for face filler.

Describe the barriers anticipated when implementing the above changes.

1. Doubtful about the results and justification of the procedure for the cost of doing this procedure.
2. Price
3. Finding patient population that wants biostimulants.
4. Running ultrasound machine

Do you have any suggestions for future topics?

1. Laser
2. POD threads
3. Threads
4. Sculptra
5. Offer more advanced filler sessions
6. Teach micro-Botox
7. Bring a nurse injector in. Would love to learn techniques from someone who injects daily and has a different perspective.
8. Complication's lecture. Go over every complication we could encounter and how to manage it appropriately.
9. Specific lecture over types of filler and where to use them.
10. Cadaver portion would be great.
11. The lectures/talks were basic. They were good for beginners and residents starting out in cosmetic surgery.
12. Male vs. female differences
13. Complication corrections
14. Dissolving
15. Protocol for emergencies
16. Differences in HA products/what to inject where
17. Actual explanations of techniques (needle/cannula placement, depth of injection, etc.)
18. Preparing Radiesse/Sculptra
19. Jawline, liquid facelift
20. Approach to the face as a whole
21. Approach to different lips (thin lips, medium shaped lips.
22. RPR"
23. Laser treatment of the facial needs including vein and brown spots.
24. If we could have cadavers, we can have color fillers and inject to see where they go.
25. Cadaver and live surgery workshop: Breast, mommy makeover, cosmetic gynecology
26. Marketing and investing
27. Malpractice
28. Cellulite
29. A basics course for new injectors.
30. Adding thread lifts
31. "Cadaver course before the workshop.
32. POO/instalyft threads
33. Filler and non-invasive surgery
34. Offer an extra day geared toward more invasive cosmo procedures (Dr. Caughlin) like buccal fat
35. Lecture on business/advertising for injections products

Additional Comments

1. Loved the event.
2. Good program.
3. Good faculty.
4. Great marketing brochure and meeting program.
5. Nice branding of AACCS. It's been way overdue.
6. Good experience.
7. Some instructors were phenomenal (Dr. Agha and Dr. Zimmerman). Others seemed less comfortable with certain techniques or products. I believe that vetting this before the course to determine the correct hands-on room/patients instructors should be paired with.
8. Great course/workshop. Thank you!
9. The course is outstanding. Nowhere will you find this many experienced injectors speaking/teaching about this topic.
10. Beautiful facility.
11. We'll organized.
12. I'll be back in the Fall.
13. The videos from Dr. Zimmerman were very helpful.
14. Really enjoyed all the different perspectives."
15. This course was advertised as an advanced injectable workshop. Wish you have advanced workshops for experienced injectors and focus on in-depth talks and injection techniques.
16. Dr. Zimmerman did the best job at explaining/demonstrating techniques.
17. This was a great course, but I feel like it did not quite teach me what I was looking for. The leave of injections in each assigned group was variable. If your group had a leader not familiar with current techniques, you were not able to learn as much. Also, we injected lips and NLFs in every patient in our room... but I didn't see any other techniques (cheeks, jawline, etc.) We were also injecting products that you wouldn't usually use in certain areas which was misleading to some attendees who didn't know better. For example, we injected Volbella into cheeks and deep NLFs). Similarly, we didn't examine any faces as a whole. We would inject use the NLFs without addressing the cheeks so minimal results were achieved. I feel like if you did this in practice you would have very unhappy patients.
18. Cadaver course would be a very educational adjunct for facial anatomy and visualizing.
19. Wonderful food, refreshments and snacks. Never had such an assortment of snacks which shows great consideration for your doctor's keeping up our energy throughout the day.
20. Truly outstanding hospitality.
21. Tyronne was a great addition. Really enjoyed his U/S lecture.
22. Dr. Agha and Dr. Zimmerman were great educators and had great techniques.