

The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance.

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AMERICAN BOARD OF COSMETIC SURGERY BOARD REVIEW

TIPS ON PASSING THE ORAL EXAM

TONY@MANGUBAT.COM

ANATOMY OF THE ORAL EXAM

- **TWO EXAMINERS/EXAM ROOM**
 - **ONE GIVES THE SCENARIO**
 - **ONE RECORDS THE EVENTS**
- **TWO SCENARIOS**
- **NO EXTRAS ALLOWED-NOTE PAD AND PEN PROVIDED FOR YOU**
- **YOU WILL NOT GET FEEDBACK ON PERFORMANCE**
- **NOT ALLOWED TO DISCUSS THE EXAM**
- **LOOKING FOR PATIENT SAFETY**
- **BE SAFE IN RECOMMENDED THERAPY**

ANATOMY OF THE SCENARIO

- **PRESENTATION**
 - TAKE NOTES
 - LOOK AT NOTES
- **TAKE A HISTORY**
 - RECOMMEND TREAT EXAMINER LIKE THE PATIENT
 - CHIEF COMPLAINT
 - ALLERGIES
 - REVIEW OF SYSTEMS
 - ASK FOR THE PHOTOS

THERE ARE ALWAYS PHOTOS

ANATOMY OF THE SCENARIO

- **DEVELOP A PLAN SYSTEMATICALLY**
 - **LOOK FOR DANGERS AND LIFE THREATENING CONDITIONS FIRST. IT WILL BE IN THE HISTORY**
 - **ADDRESS THE CHIEF COMPLAINT**
 - **TREATMENT PLAN SHOULD BE COMPREHENSIVE**
- **ORGANIZE YOUR THOUGHTS**
 - **TAKE 20 SECS TO JOT DOWN KEY ITEMS**
 - **PRESENT THEM IN ORDER OF IMPORTANCE**
 1. **CRITICAL HEALTH INTERVENTIONS**
 2. **SURGICAL PLAN**
 3. **POSTOP CARE**

LOOK FOR DANGERS AND PITFALLS

- **KOCHER GB INCISION = ABDOMINOPLASTY SLOUGH**
- **LOWER LID LAXITY = ECTROPION**
- **KNOW YOUR ACLS – THERE WILL BE A MEGACODE**
- **DO NOT LET THE PATIENT PUSH YOU TO DO SOMETHING WRONG, EVER**

DEVELOP YOUR PROTOCOL

ANSWER EVERY QUESTION IN THE SAME WAY EVERY TIME

- **PRESENTATION – TAKE NOTES**
- **TREAT EXAMINER LIKE THE PATIENT WHEN GATHERING DATA**
 - **SAVES TIME**
- **ASK FOR THE PHOTOS**
- **LOOK FOR CRITICAL SAFETY INTERVENTIONS**

TONY'S SYSTEMATIC PLAN

SPEAK TO THE EXAMINER LIKE THEY ARE THE PATIENT

- **N-** NOTES DURING THE CASE PRESENTATION & TAKE 2 MIN TO REVIEW THEM
- **CC-** CHIEF COMPLAINT
- **ROS-** IDENTIFY ALL LIFE-THREATENING FACTORS IN THE ROS
 - ALLERGIES
 - PRIOR SURGERY
 - HX DVT, PE, CVD, BLEEDING, WOUND HEALING PROBLEMS
 - THERE WILL BE A MEGACODE! KNOW YOUR ACLS
 - ORDER ANY LABS, STUDIES, CONSULTS TO EXCLUDE DANGERS
- **PX-** DO A PHYSICAL EXAM AND ASK FOR THE PHOTOS
- **TX-** PLAN- ALWAYS ADDRESS THE CC
 - SYSTEMATIC PLAN TOP TO BOTTOM
 - SUMMARIZE IF YOU HAVE TIME